

Research— where does your food come from?

# Cooking journal



**Geographical link**

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**What is the story behind the food?**

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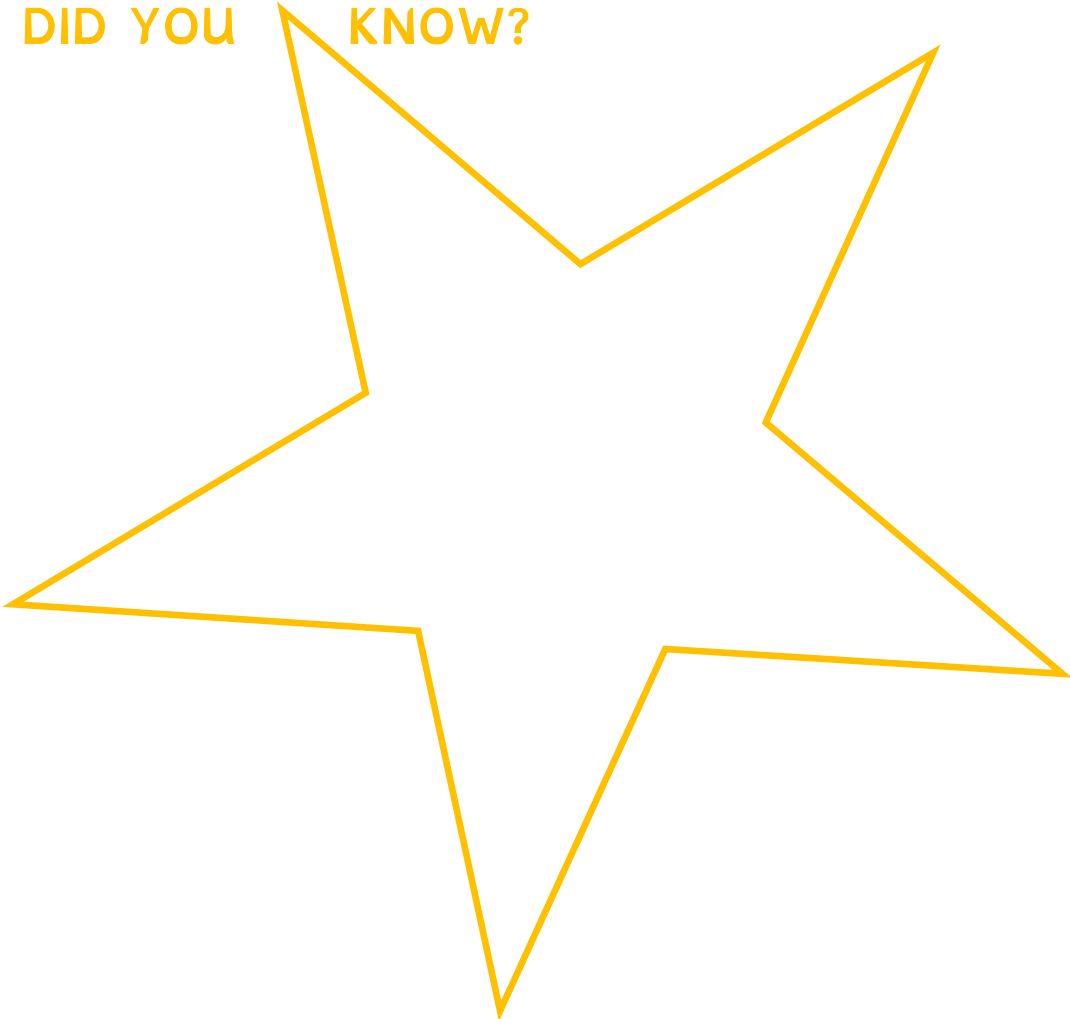
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**Russian piroshki**

**DID YOU KNOW?**



**Interesting facts:**

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## -Instructions-

## How to make a

## -Ingredients

## Ingredients

### -Equipment-

### Equipment

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## Method

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# Kitchen/Cooking Word Mat by Categories



## Nouns

table	plate	pot
knife	dish	freezer
fork	kettle	cupboard
spoon	mixer	bowl
oven	toaster	cup
pan	fridge	spatula
cook top	sink	mug

## Verbs

melt	taste	weigh
break	whip	dice
spread	mash	slice
layer	pour	knead
peel	measure	mix
fry	grill	grate
cut	chop	steam

## Adjectives

hot	creamy	mild
fresh	crispy	grilled
fluffy	crunchy	juicy
bland	dry	moist
bitter	flat	gourmet
cold	flavoured	fried
sweet	greasy	fresh

## Cooking Utensils



cutlery	whisk	measuring cup	pan
knife	fridge/freezer	bowl	weighing scales
sifter	rolling pin	grater	microwave
oven	baking sheet	wooden spoon	cutting board

My vocabulary:

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# Cooking and Baking - Food Evaluation

**I have made:**

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**The skills I have used:**

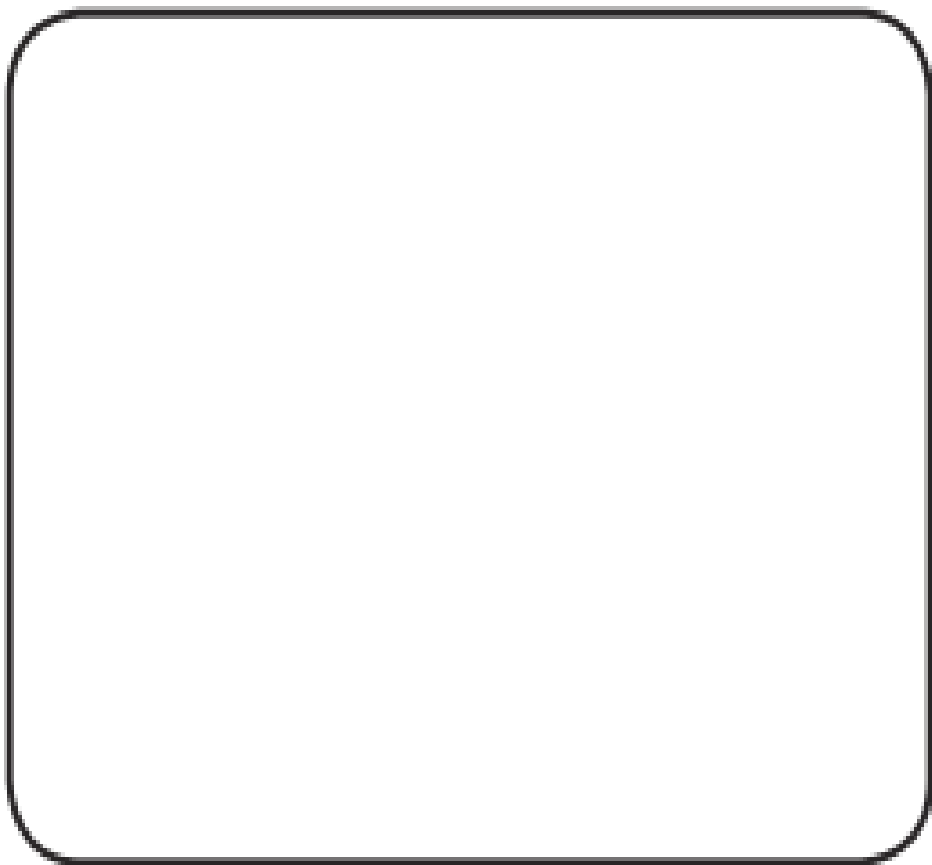
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**Evaluation:**

Do you like the way it looks? Yes/No? Why/Why not?

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Do you like the way it tastes? Why/Why not?

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How could it be improved?

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Did you face any problems? How did you overcome them?

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