



WEEK 1



MATN FVFNT











Toffee Sponge and Custard

MONDAY

Chicken & Vegetable

Meatballs in Tomato

Sauce with Pasta

Twirlers

Sweet Chilli

Vegetable Stir Fry

with Whole Grain

Rice

Mixed Salad

TUESDAY

and Gravy

Pasta Bake

Sausages with Mash Potatoes

Cheesy Broccoli

Green Beans

and Leek Sausages

with Roasted/Mash Potatoes and Gravy

WEDNESDAY

Roast Chicken and

Stuffing with

Roast Potatoes

and Gravy

Homemade Cheese

THURSDAY

BBO Drizzle Pizza with Baked Potato Wedges

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

Peas

FRIDAY

Golden Fish Fingers or Salmon Fingers with Chips

> Pizza Margherita with Chips

Baked Beans

Daily salad bowl and freshly baked bread available every day

Broccoli

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Jelly & Fruit Slices

Apple Pie and Custard

Vanilla Ice cream Orange Cookie

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

11/9, 2/10, 30/10, 20/11, 11/12, 15/1, 5/2

WEEK 2 MF | WEEK 2



MATN FVFNT



Vegetables and Salads

PASTA TWIRLER **Topped Pasta**



Filled Jacket



Pudding

MONDAY

All Day Breakfast Brunch Sausage, Egg, Hash **Brown and Beans**

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

Baked Beans

Sponge Cake and

Custard

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable Fingers with Baked Potato Wedges

WEDNESDAY

Roast Chicken and Stuffing with **Roast Potatoes** and Gravy

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash Mexican Bean Wrap

with Whole Grain Rice

THURSDAY

Minced Beef and

Onion Pie with Mash

Cheesy Sweetcorn Pizza

FRIDAY

Golden Fish

Fingers

with Chips

with Chips

Green Salad

Carrots

Sweetcorn

Baked Beans

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Jelly

Apple Crumble and Custard

Vanilla Ice Cream Jammy Crumble Bars

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

18/9, 9/10, 6/11, 27/11, 18/12, 1/1, 22/1

LUNCH WEEK 3 MFNU



MATN FVFNT

Vegetarian Dish

RAINBOW ALLEY **Vegetables and Salads**

Topped Pasta

Filled Jacket

DESSERT TROLLEY **Pudding**

MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian Shepherd's Pie

Green Beans

Vanilla

Ice Cream

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

Carrots

THURSDAY

Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges

BBQ Drizzle Pizza with Baked Potato Wedges

Peas

FRIDAY

Golden Fish **Fingers** with Chips

Golden Vegetable Fingers with Chips

Baked Beans

Hot Pasta topped with Homemade Tomato Sauce

Daily salad bowl and freshly baked bread available every day

Crispy Skin Jacket Potatoes

with Cheese or Beans

Chocolate Crunch and Custard

Oaty Apple Crunch Slice Jelly

Shortbread Biscuit

Cut fruit, yoghurt and jelly available every day