



St Stephen Churchtown Academy

Mental Health Provision Map

2022-2023



The following provision map is grounded within the framework outlined by Trauma Informed Schools UK. At St Stephen Churchtown Academy we understand that trauma and childhood adversity underpins our approach to ensuring our young people feel socially, physically, and cognitively safe to engage with life and our high quality teaching and learning. Our aim is to maximise the protective factors within school by creating an environment that has strong, positive, supportive relationships at his heart – this provision map provides and snapshot of the extra support we can provide to those students with mental health concerns.

Whole Class – Quality First Teaching	Small Group Intervention	1:1 Specialist Intervention
Adaptions for SEND Break & lunchtime support staff Buddy system for new students Class routines Clear and consistent boundaries across the academy – including behaviour ladder in each class Differentiated work Growth mindset display Independence opportunities SCARF PSHE scheme Whole class motional screenings three times a year Positive reinforcement of both learning and social behaviours Praise assemblies Praise phone calls home Staff CPD Seating plan & class layout Teacher/Student relationships Teaching of mindfulness techniques and calming strategies Team building opportunities Trained team-teach staff Well-being team Whole class trauma informed school sessions	Art Therapy (group based) Circle of Friends therapy Classroom helper Forest school Group motional screening Group trauma informed sessions Lego therapy Mindfulness breaks Mood cards. Personalised work station. Quiet space during break and lunch. Social detective	Agreed time out plan Art therapy ASPIRE Inclusion Team Bereavement champions CAMHS CLEAR Cornwall ASD Team Cornwall ED Team Cognition & Learning Team Daily reflections with named staff Draw & talk Dreadnaughts Early Help Hub Educational psychologist Enhanced transition support First Light Focused transition support between classes and to secondary school. GP and/or school nurse support Home & school diary suited to the student’s needs Increased structure and predictability Individual motional screening Individualised mentoring Individualised trauma informed school sessions Jigsaw Mentoring Penhaligon’s friends Personalised work station and specialise equipment School arrival and/or attendance support plan School Nurse Social Care WAVE

